



Riverside High School Breakfast Menu



Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY

Ham, Egg & Cheese

Sausage, Egg & Cheese

Bacon, Egg & Cheese

7 On a Whole Grain Bun

8 on a whole Grain Bun

9 On Whole Grain Bun

French Toast w/
Sausage & Syrup

Sausage, Egg & Cheese
on a whole Grain Bun

Ham, Egg & Cheese
On a Whole Grain Bun

Sausage, Egg & Cheese
on a whole Grain Bun

Bacon, Egg & Cheese
On Whole Grain Bun

French Toast w/
Sausage & Syrup

Sausage, Egg & Cheese
on a Whole Grain Bun

Ham, Egg & Cheese
On a Whole Grain Bun

Sausage, Egg & Cheese
on a whole Grain Bun

Bacon, Egg & Cheese
On Whole Grain Bun

French Toast w/
Sausage & Syrup

Sausage, Egg & Cheese
on a Whole Grain Bun

Ham, Egg & Cheese
On a Whole Grain Bun

Sausage, Egg & Cheese
on a whole Grain Bun

Bacon, Egg & Cheese
On Whole Grain Bun

French Toast w/
Sausage & Syrup

Sausage, Egg & Cheese
on a Whole Grain Bun

Ham, Egg & Cheese
On a Whole Grain Bun

Sausage, Egg & Cheese
on a whole Grain Bun

Bacon, Egg & Cheese
On Whole Grain Bun

Bakery

Pastry/Pancakes

Fruits/Juice

Cereal

Served Daily!

Served Daily!

Grab a Milk

GOOD FOR YOU

Otis Spunkmeyer
Muffins
Apple Cinnamon
Blueberry
Chocolate Chip

Apple Frudel
Cherry Frudel
Cinni Mini Pastry
Maple Mini Pancakes

1%, Skim, Chocolate Skim

Fresh Fruit

Cheerios, Cinnamon Toast
Crunch, Cocoa Puffs, Lucky
Charms, Golden Grahams

Cereal Bars
Cinnamon Toast Crunch
Cocoa Puff
Trix

FREE TO ALL
STUDENTS

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rights regs & policies, this
institution is prohibited from
discriminating on the basis of race,
color, national origin, sex, age,
disability, and reprisal or
retaliation for prior civil rights
activity

Apples, Oranges,
Bananas

Bagels

Juice
Apple, Orange, &
Fruit Juice

Bagels w/ Cream Cheese
(plain or Strawberry)

